

**R**

Foot Type:  Fleshy  Muscular  Lean

Arch Type:  Cavus  Normal  Planus

Mobility:  Hyper  Normal  Rigid

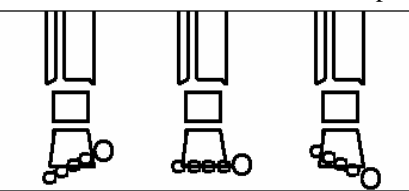
**L**

Foot Type:  Fleshy  Muscular  Lean

Arch Type:  Cavus  Normal  Planus

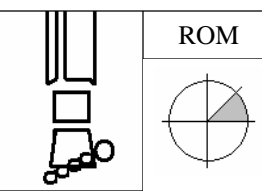
Mobility:  Hyper  Normal  Rigid

**Forefoot to Rearfoot Relationship**



Varus  Normal  Valgus

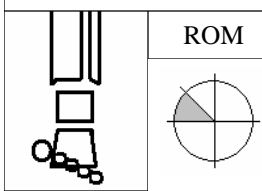
**Forefoot Inversion**



ROM

0° — 45° \_\_\_ °

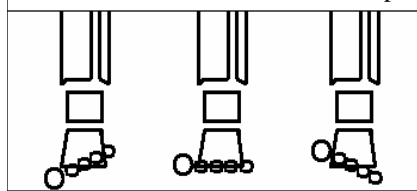
**Forefoot Inversion**



ROM

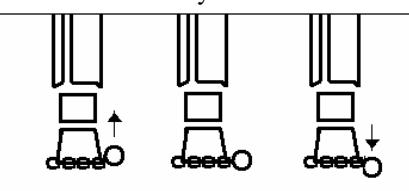
0° — 45° \_\_\_ °

**Forefoot to Rearfoot Relationship**



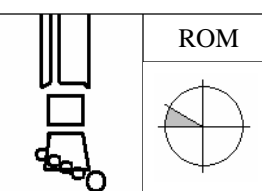
Valgus  Normal  Varus

**First Ray Position**



Dorsiflx  Normal  Plantarflx

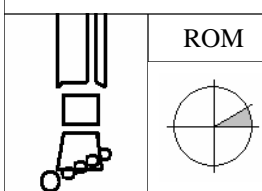
**Forefoot Eversion**



ROM

0° — 30° \_\_\_ °

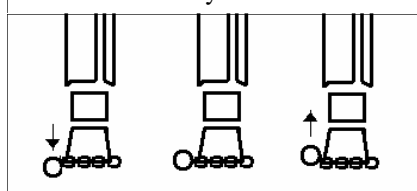
**Forefoot Eversion**



ROM

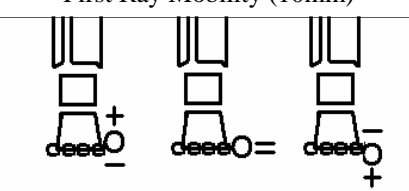
0° — 30° \_\_\_ °

**First Ray Position**



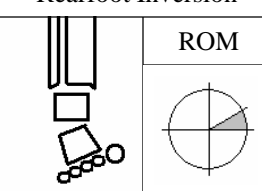
Plantarflx  Normal  Dorsiflx

**First Ray Mobility (10mm)**



Hyper  Normal  Hypo

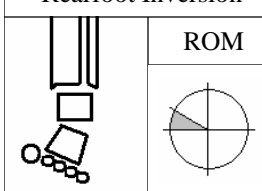
**Rearfoot Inversion**



ROM

0° — 30° \_\_\_ °

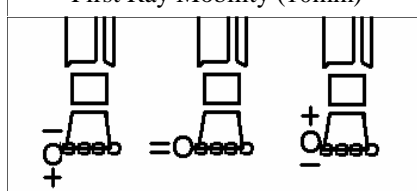
**Rearfoot Inversion**



ROM

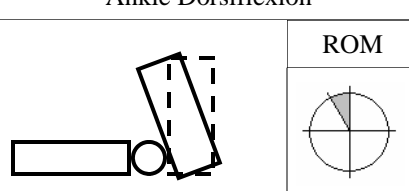
0° — 30° \_\_\_ °

**First Ray Mobility (10mm)**



Hypo  Normal  Hyper

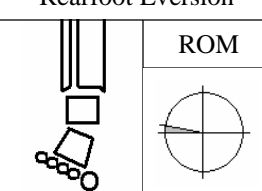
**Ankle Dorsiflexion**



ROM

0° — 30° \_\_\_ °

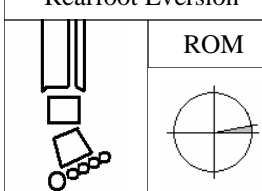
**Rearfoot Eversion**



ROM

0° — 10° \_\_\_ °

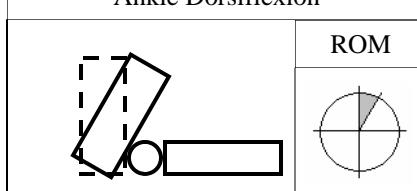
**Rearfoot Eversion**



ROM

0° — 10° \_\_\_ °

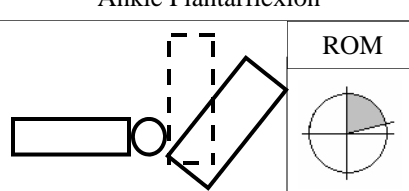
**Ankle Dorsiflexion**



ROM

0° — 30° \_\_\_ °

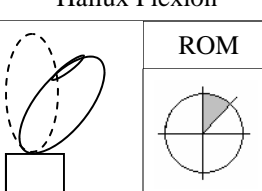
**Ankle Plantarflexion**



ROM

0° — 65° \_\_\_ °

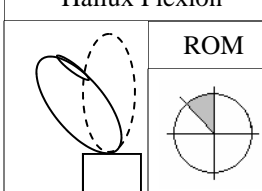
**Hallux Flexion**



ROM

0° — 40° \_\_\_ °

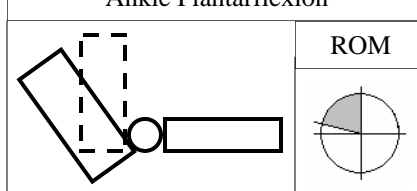
**Hallux Flexion**



ROM

0° — 40° \_\_\_ °

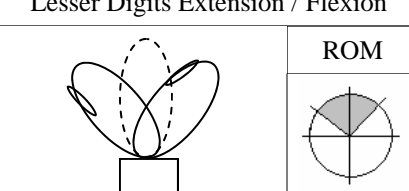
**Ankle Plantarflexion**



ROM

0° — 65° \_\_\_ °

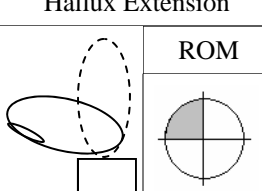
**Lesser Digits Extension / Flexion**



ROM

Ext: 0°-50° \_\_\_ ° Flex: 0°-40° \_\_\_ °

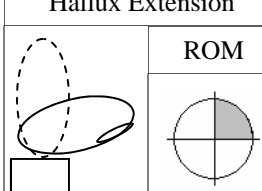
**Hallux Extension**



ROM

0° — 90° \_\_\_ °

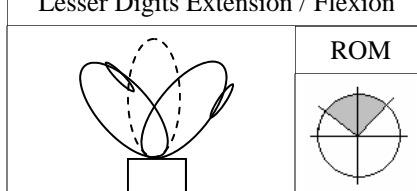
**Hallux Extension**



ROM

0° — 90° \_\_\_ °

**Lesser Digits Extension / Flexion**



ROM

Ext: 0°-50° \_\_\_ ° Flex: 0°-40° \_\_\_ °